

Immediate Denture After Removal of Multiple Teeth

The first response to bleeding around the dentures is to bite firmly on soft cotton pads, pushing the denture onto the gums to act like a custom-made bandage. Do this for 30 minutes. If unsuccessful, remove the denture, clean it, GENTLY rinse mouth with ice-cold water and look at gums. See the spot that is still bleeding and put direct pressure on it with gauze, paper towel or soft cloth for 20-30 minutes and then reinsert the denture immediately. The first night, do not leave the denture out for a long period of time or overnight, you will swell and be unable to put the denture back in the morning.

During the first 24 hours, do not spit, do not rinse, do not suck on a straw. Doing so will put pressure on the clot and loosen it. Avoid smoking. This creates the same sucking motion as with a straw and slows healing.

Pink discoloration of the saliva is normal. If true bleeding occurs, follow the above instructions regarding bleeding.

To minimize swelling and discomfort, apply ice packs to the facial area affected for 30 minutes ice-on followed by 30 minutes of no-ice before replacing. Stop ice application after 24 hours. As a normal course of healing, swelling will peak on the third day after the extractions. Swelling should begin to drop on the fourth day after the extractions.

Begin taking liquids as soon as possible. After some recovery time, consume wholesome nutritional foods requiring no chewing. Liquid supplements are available in your pharmacy. Vitamins and minerals help you heal.

Prescribed medications should be taken as directed, do not drive or operate any machinery. Drink 8 to 12 ounces of water with any medicine you take, do not mix different kinds of pills in the stomach together, allow 30 minutes between. If itching or rash develops after taking any medication, stop drug, call office.

If discomfort is not reduced by medication, if bleeding is not reduced by pressure application, if nausea or vomiting occurs, itching or rash develop, call the office at **913-677-1004**.